

TECHNICAL DESCRIPTION

BEAUTY THERAPY



worldskills
international

© WorldSkills International
TD30 v4.0 – WSC2013

WorldSkills International, by a resolution of the Technical Committee and in accordance with the Constitution, the Standing Orders and the Competition Rules, has adopted the following minimum requirements for this skill for the WorldSkills Competition.

The Technical Description consists of the following:

1.	INTRODUCTION	2
2.	COMPETENCY AND SCOPE OF WORK	3
3.	THE TEST PROJECT	8
4.	SKILL MANAGEMENT AND COMMUNICATION.....	12
5.	ASSESSMENT	12
6.	SKILL-SPECIFIC SAFETY REQUIREMENTS	17
7.	MATERIALS & EQUIPMENT	17
8.	MARKETING THE SKILL TO VISITORS AND MEDIA.....	19

Effective 11.10.11



John Shiel
Chair Technical Committee



Stefan Praschl
Vice Chair Technical Committee

© WorldSkills International (WSI) reserves all rights in documents developed for or on behalf of WSI, including translation and electronic distribution. This material may be reproduced for non-commercial vocational and educational purposes provided that the WorldSkills International logo and copyright notice are left in place.

1. INTRODUCTION

1.1 Name and description of skill

1.1.1 The name of the skill is

Beauty Therapy

1.1.2 Description of skill

A beauty therapist is a specialist in skin and body care, massage and makeup. Beauty therapists are able to plan, apply and market face, body, feet and hand treatments and makeup. They can provide advice on how to use colours, find a personal style, look after your skin and body, and how to choose and use skincare products. Beauty therapists' hands are important tools but they also use technical equipment, continually developed by the industry. Beauty therapists also retail skincare and makeup products.

Providing treatment to clients requires knowledge of hygiene, anatomy and physiology, and skin histology. In order to provide quality care for their clients, beauty therapists must know about the ingredients used in cosmetics, and about products, skincare methods and beauty equipment and how they affect the skin and body. Giving advice on skincare requires knowledge of nutritional science, the importance of exercise, skin conditions and hygiene. Beauty therapists must also demonstrate understanding of how electrical devices work in order to avoid endangering customers' health and safety when applying treatments.

Beauty therapists work in close contact with clients from different age groups and backgrounds. Good social and interpersonal skills, discretion and respect for others are important characteristics for those working in customer services and skincare. People working in the beauty industry must also be able to interpret the wishes and needs of those customers who might have difficulty in expressing them.

Beauty therapist professionals work together with fashion, media, hairdressing and healthcare professionals. Beauty therapists follow the industry's developments in their own country and abroad and continuously update and develop their knowledge and professional skills. Learning to become skilled at and lifelong education are crucial in order to develop one's career and skills. These days, a positive attitude towards new technology and its applications is important. A beauty therapist must be in good health and able to deal with physical stress, particularly on the body's locomotive system. A balanced lifestyle and regular exercise help beauty care professionals to cope with the stresses of their work.

1.2 Scope of application

1.2.1 Every Expert and Competitor must know this Technical Description.

1.2.2 In the event of any conflict within the different languages of the Technical Descriptions, the English version takes precedence.

1.3 Associated documents

1.3.1 As this Technical Description contains only skill-specific information it must be used in association with the following:

- WSI - Competition Rules
- WSI - Online resources as indicated in this document
- Host Country - Health and Safety regulations

2. **COMPETENCY AND SCOPE OF WORK**

The Competition is a demonstration and assessment of the competencies associated with this skill. The Test Project consists of practical work only.

2.1 **Competency specification**

Working Environment – Hygiene & Safety Requirements

Knowledge and understanding of hygiene and safety as it relates to the Beauty Therapy industry

- Demonstrate a working knowledge of the rules and regulations that applies to the Beauty Industry

Competitors shall be able to:

- Create and maintain a safe and hygienic working environment
- Apply standards and laws relating to the Beauty Treatments

Professional Attitude & Client Relationships

Knowledge and understanding of Client Relationships

- Understand the importance of how presenting a professional attitude is key in building client relationships
- Demonstrate professional presentation, physical presentation, and professional attitude

Competitors shall be able to:

- Promote good clients relationships
- Provide client services in a professional, safe and hygienic manner.
- Provide client with a pleasant and relaxing experience
- Provide client with excellent and memorable service
- Provide good client service according to the requirement

Preparation of Client Service Areas

Knowledge and understanding of preparing treatment areas:

- Identify the materials, tools and equipment for each of the various beauty treatment

Competitors shall be able to:

- Prepare treatment areas according to Health and Hygiene requirements
- Prepare treatment area to promote maximum efficiency
- Prepare and set up materials, tools and equipment to ensure smooth and relaxing services
- Prepares treatment area to ensure client comfort and safety

Spa Pedicure & Spa Manicure Treatments, application of French gel nail product with a liquid gel product and cured by the blue light overlay on a natural nail & glued temporary plastic nails with Nail Art

Knowledge and understanding of preparing for spa manicure and spa pedicure, application of liquid gel nail product and creative nail art design to the specification of the nail design teams:

- Identify the equipment, materials and tools needed to perform a spa manicure and spa pedicure Treatment
- Identify the equipment, tools and materials needed to perform glue on temporary plastic nails and apply the desired nail art design Treatment
- Identify the equipment and material needed to perform an application of liquid gel product to be applied over natural nails and cured by the blue light.

Competitors shall be able to:

- Prepare foot bath and exfoliate feet with appropriate product
- Perform nail cutting and shaping without cuts to skin
- Apply cuticle cream and clean cuticle area of excess dead skin and cuticle
- Apply foot buffing with foot file on the sole of the foot

- Perform massage for required amount of time using smooth and flowing movements
- Apply a foot mask and remove leaving no residue
- Prepare toenails for base coat, polish and top coat or high shine buff (up to the discretion of the designated design team)
- Clean and tidy workstation
- Prepare spa manicure bowl with appropriate product to perform a spa manicure treatment
- Perform nail cutting of the nail free edge and shaping to suit the client
- Apply cuticle cream and remover, clean the cuticles of excess dead skin and cuticle
- Exfoliate the hands lower arms including the elbow to remove dead skin cells in preparation of the hand mask
- Apply hand mask to the hand and lower arms including the elbow
- Apply the base coat, nail polish and top coat or high shine buff of the nails (up to the discretion of the design team)
- Apply nail art to the natural nails
- Cut and shape the nails to the appropriate size to suit the design of nail art
- Apply nail art design specified by the competitor test project information
- Prepare the nails for the application of artificial liquid gel application
- Apply the liquid gel French nail application and cure by the Blue UV curing light

Advanced Facial Treatments with Electrical Instruments

Knowledge and understanding of Facial Treatments and Electrotherapy:

- Identify the equipment, materials and tools used in and Advanced Facial Treatment
- Understand implementing electricity in treatments
- Understand the importance of client comfort and modesty
- Understand the methods of client and station preparation for Advanced Facial Treatment
- Demonstrate an understanding of the importance of the selection of the correct product for the client's needs

Competitors shall be able to:

- Prepare the workstation
- Cleanse the skin
- Exfoliate the skin
- Electrical treatment applied to the face.
- Massage movements demonstrates pressure and routine to suit the client
- Demonstrate correct methods of application and removal of the Specific Mask
- Select after care products and apply correctly
- Workstation clean and tidy in completion of treatment

Basic Facial Treatment

Knowledge and understanding of Basic Facial Treatments:

- Identify the equipment, materials and tools used in Basic Facial Treatment
- Understand the importance of client comfort and modesty
- Understand the methods of client and station preparation for Basic Facial Treatment
- Demonstrate an understanding of the importance of the selection of the correct product for the client's needs

Competitors shall be able to:

- Prepare the workstation
- Cleanse the skin
- Exfoliate the skin
- Minor blemishes extracted without leaving trauma to the skin
- Massage movements demonstrates pressure and routine to suit the client
- Mask suitable for clients needs
- After treatment applied correctly
- Workstation clean and tidy in completion of treatment

Full Spa Body Treatment and Body Massage:

Knowledge and understanding of the application of Body scrub, wrap and massage techniques and products:

- Understand the importance of client comfort and modesty
- Understand the different methods of client preparation for Body Treatment
- Demonstrate an understanding of the importance of the selection of the correct product for the client's needs
- The massage technique will be selected by the massage design team and only submitted to the test projects when approved by the majority vote of participating countries/regions on the WorldSkills beauty forum, where 80% of votes will be in favour of the approved massage

Competitors shall be able to:

- Demonstrate treatment preparation according to OH&S
- Provide discreet and comfortable environment for client
- Prepare and carry out a foot soak
- Choose, apply and remove body scrub product based on needs
- Choose, apply and remove body wrap product based on needs
- Demonstrate various massage movements
- Perform massage with proper rhythm, speed, pressure and range of movements
- Clean and tidy workstation
- Practice a professional manner with regard to uniform, personal grooming and professional respect for colleagues and clients throughout treatment

Bridal and Fantasy Makeup

Knowledge and understanding:

- Understand the application of makeup techniques
- Cleansing and moisturising the skin prior to the application of makeup
- Application of temporary false individual or strip lashes
- Identify different types and colours of makeup products needed to perform the desired outcome

Competitors shall be able to:

- Prepare work area and client for makeup service
- Identify and choose makeup products to achieve desired outcome
- Prepare skin for makeup application with cleanser and moisturiser
- Perform the progression of fantasy makeup from body to face
- Apply false lashes (individual or strip temporary false lashes, it will be decided by the makeup design team which type of false lashes will be applied and put into the Test Projects)
- Apply overall makeup products to suit selected designs
- Makeup costumes selected and supplied by the Competition Organiser if a costume is desired otherwise stated in the Test Project
- Clean and tidy workstation after makeup application

Temporary Hair Removal on Lip and Eyebrow (to be performed during facial Treatment)

Knowledge and understanding of waxing techniques:

- Identify equipment and product needed to carry out waxing procedures on the Lip and Eyebrow during the Advanced Facial Treatment. It will be demonstrated with hard wax or otherwise specified by the design team for the advanced facial
- Demonstrate an understanding of the importance of practicing proper hygienic procedures when dealing with blood and bodily fluid

Competitors shall be able to:

- Maintain cleanliness and hygiene throughout the procedure
- Prepare, test, apply and remove wax according to client's needs
- Perform treatment according to OH&S regulations
- Apply and remove wax with minimum trauma to the skin

- Support skin to minimise trauma
- Test the wax temperature before the wax service
- Apply after wax soothing product
- Clean and tidy workstation at completion of service

Lash & Brow Tint (to be performed during facial Treatment)

Knowledge and understanding:

- Identify materials and tools needed to perform service
- Lash and brow service will be determined by the Advanced Facial Treatment design team, this treatment will be performed in the advanced facial Test Project

Competitors shall be able to:

- Prepare treatment area, operator and client for service
- All clients will be patch tested for allergies to the tinting service prior to the Competition by the Workshop Supervisor to ensure no clients have allergies or contra-indications to the tinting procedure
- Prepare, apply and remove tint according to requirements
- Apply eye cream/moisturiser after service

2.2 Theoretical knowledge

2.2.1 Theoretical knowledge is required but not tested explicitly.

2.2.2 Knowledge of rules and regulations is not examined.

2.3 Practical work

The Competitor has to carry out, unaided 6 modules. The Competitor will perform:

- A. Nail Treatments 20%
- B. Facial Treatment 30%
- C. Body Treatments 25%
- D. Makeup 15%
- E. Waxing treatment 5%
- F. Lash and Brow 5%

Skill area	Time	Model	Maximum mark
Spa Pedicure and Spa Manicure	2.5 hours	Female or male	10
Body treatment with a basic facial	4 hours	Female client	25
Fantasy makeup with nail art on stick on plastic tips	4 hours	Female	15
Bridal makeup with an application of liquid gel nail overlay on natural nails with a French polish finish	3 hours	Female Client	10
Body Massage Treatment	1.5 hours	Female	10
Advanced Facial Treatment with a eyebrow and lip wax and a lash and brow tint	3 hours	Female client	30
Total	18 hours		100

Model selection criteria

Pedicure and manicure

- Model per Competitor plus 2 spare
- All models must have all 10 natural toe nails, undamaged and of a workable length
- Cuticles and toenails must not have been treated for at least 3 to 4 weeks prior to the Competition
- All clients must have similar length nails and cuticle conditions for manicures
- Model must be able to lift legs up and down easily without any difficulty
- Models must arrive with no polish on – not even clear
- Contra indications – varicose veins, deep vein thrombosis, epilepsy, diabetes, skin infections, verucca, warts, athletes foot, fungal nail infections, black / damaged toes

Basic Facial

- Model per Competitor plus 2 spare.
- Aged 18-30 years
- Model must have no piercings or permanent make up
- Models need to be prepared to lie flat for up to 2-3 hours
- Contra indications – acne rosacea, asthma, hyper sensitive skin, fungal or bacterial infections of the face ie. (stye impetigo), diabetes, epilepsy.

Advanced Facial

- Model per competitor plus 2 spare
- Aged 25-30 years
- Models must arrive with no make up on
- Model must have no piercings or permanent make up
- Models need to be prepared to lie flat for up to 2-3 hours
- Contra indications – metal pins/ plates, excessive dental work, pregnancy, jewellery, belly bars or piercings that they cannot take out, hyper sensitive skin, acne rosacea, epilepsy, diabetes, any infection of the face (e.g impetigo, stye, conjunctivitis) pacemaker

Body Treatment with body scrub, wrap and massage on the legs, back ,arms and head

- Model per competitor plus 2 spare
- Must be willing to lay flat for up to 3 hours
- Model must be of a medium, average build
- Model must be aged 18-50 years
- Model must be prepared to wear paper underwear
- Contra indications – claustrophobia, epilepsy, diabetes, skin infections, menopausal, no allergies especially sea weed, hypersensitive skin, varicose veins

Body massage - on the legs, back, arms & feet incorporating a foot soak prior to the body massage

- Model per competitor plus 2 spare
- Model must be willing to lay flat for up to 3 hours
- Model must be of a medium, average build
- Model must be aged 18-50 years
- Model must be prepared to wear paper underwear
- Contra indications – claustrophobia, epilepsy, diabetes, skin infections, menopausal, no allergies especially sea weed, hypersensitive skin, varicose veins

Fantasy Makeup

- Model per competitor plus 2 spare
- All models must be aged 16-25 years
- Models must have clear skin and no spots
- Contra indications – epilepsy, diabetes, back problems as they will need to sit for 3 hours, skin infections. Conjunctivitis, stye

Bridal Makeup

- Model must be no older than 30 years and no younger than 25 years of age
- Model must be of similar facial features and height
- Lash and Brow Tinting will be performed as well as eyebrow & lip wax
- Model is that the same model used in the Advanced Facial Treatment and must be able to have a lash and brow tinting and not have claustrophobia tendencies.
- Models must have clear skin and no spots
- Contra indications – epilepsy, diabetes, back problems as they will need to sit for 3 hours, skin infections. Conjunctivitis, stye

○

Waxing Treatment

- Model must not have had any epilation treatments (waxing, sugaring, shaving, threading) 4 weeks prior to competition on their eyebrow or lip
- Model per competitor plus 4 spare.
- Must have noticeable dark hairs.
- Must have had waxing previously
- Models must arrive with no moisturising products or oils
- Contra indications – epilepsy, diabetes, cuts, bruises, abrasions, infections, sensitive skin or skin irritations

All contra-indications must be checked by the Workshop Supervisor, no client can be selected if they have contra-indications to a certain treatment.

Standard Requirements which cover all Test Projects

- No allergies
- No skin disorders
- No skin diseases
- No skin infections
- Must not be diabetic
- Must not be pregnant
- No heart conditions
- Must have not had any recent operations
- No epilepsy
- No broken skin on area being worked on
- Must not have any loss of skin tactile sensation
- Must not suffer from thrombosis
- Must not suffer from high or low blood pressure
- Must be prepared to remove all jewellery

A health questionnaire would be needed; most of the requirements listed above could be put onto one simple form where we would need a yes/no answer.

3. THE TEST PROJECT

3.1 Format / structure of the Test Project

A series of standalone modules that relate to current industry standards

3.2 Test Project design requirements

The design teams responsible for the next Competition were elected during the preparation of the Technical Description and are as below:

- Design group 1 Spa Day – TH, ZA, ES, IE, USA
- Design group 2 Make up & Nail - AU, FR, TH, HU, IN
- Design group 3 Bridal Look – ID, JP, IN
- Design group 4 Body Massage - AU, TW, FI, IN
- Design group 5 Advanced facial – SG, HK, AU, KR
- Design group 6 Spa Manicure & Spa Pedicure – ID, MY, SE, IE, JP

1. Group 1 will be responsible for designing Body Treatment and Basic Facial
2. Group 2 will be responsible for designing Fantasy makeup and glue on plastic tips with nail art blending with the selected design of the makeup.
3. Group 3 will be responsible for designing Bridal makeup and the liquid gel overlay of a French polish design.
4. Group 4 will be responsible for selecting and designing with the vote of the majority of experts on the forum, the type of body massage performed.
5. Group 5 will be responsible for designing the Advanced Facial Treatment including the lash and brow tint and a lip and eyebrow wax.
6. Group 6 will be responsible for designing the Spa Pedicure and Spa Manicure treatments.

The Deputy Chief Expert will oversee and be responsible for each design team to ensure productivity and quality of treatment standard to reflex the current measures in a global beauty profession for the Test Projects modules for the next Competition.

Where there is to be a new Expert for a country/region the experienced Expert on the selected design team will train and support that Expert prior to the Competition.

Once the design team has agreed on the Test Project module/s these will be translated by the design team into the languages if the Experts in that team.

All Experts must bring with them to the current competition ideas for updating and improving Test Project modules and the Technical Description to reflect the current measures in a global beauty profession.

The Experts will decide on the Infrastructure List in partnership with the Workshop Supervisor.

The Experts decide on the marking scheme which will include 100% objective marking. It will also be decided by each Test Project design team as to the inclusion of blind marking to be applied.

The Test Project modules will include:

A. Nails:

- Spa pedicure 5%
- Spa manicure 5%
- Liquid Gel application of French overlay on the natural nail. 5%
- Creative nail art on plastic tips 5%

B. Facial:

- Basic facial treatment. The Competitor will perform a full facial cleanse, extraction, massage, mask. 10%
- Advanced Facial treatment using electrical instruments. The Competitor will perform a full facial cleanse, massage, specific treatment and mask. 20%

C. Body treatment

- Body Treatment- Full body treatment inclusive of scrub, wrap and massage 15%
- Full Body Massage 10%

D. Makeup

- Fantasy body makeup of selected design, the Competitor will paint the design on the left arm, décolleté and face. The design will be delivered to each Competitor no later than 6 months prior to the competition. 10%
- Bridal makeup, the competitor will perform a bridal makeup 5%

E. Waxing

- Lip and Eyebrow Wax performed by the Competitor according to the OHS. 5%

F. Lash and Brow

- Eye lash and eye brow tinting to be executed. 5%

The overall Test Project will be modular and marked over the four days of competition with only 1 module to be marked on the last day.

3.3 Test Project development

The Test Project MUST be submitted using the templates provided by WorldSkills International (<http://www.worldskills.org/competitionpreparation>). Use the Word template for text documents and DWG template for drawings.

3.3.1 Who develops the Test Project / modules

The Test Project / modules are developed by:

By the design team and the Deputy Chief Expert.

3.3.2 How and where is the Test Project / modules developed

The Test Project/modules are developed jointly by the design team and the Deputy Chief Expert using the Discussion Forum.

3.3.3 When is the Test Project developed

The Test Project is developed according to the below timeline

Time	Activity
At the previous Competition	The Test Project modules are selected by vote of all Experts. These modules are further developed by the design team using the discussion forum.
6 months prior to the Competition	Test Project modules are circulated on the website.
At the Competition	Experts bring proposals for 30% change. These is discussed and agreed by the Experts by vote.

3.4 Test Project marking scheme

Each Test Project must be accompanied by a marking scheme proposal based on the assessment criteria defined in Section 5.

3.4.1 The marking scheme proposal is developed by the person(s) developing the Test Project. The detailed and final marking scheme is developed and agreed by all Experts at the Competition.

3.4.2 Marking schemes should be entered into the CIS prior to the Competition.

3.5 Test Project validation

The Test Project validation is set by the marking criteria set against each module. The design team is made up of 3 Experts from different countries and will select the marking criteria against a global industry criterion.

On arrival to the Competition the developed modules and marking criteria will be scrutinised by all Experts to ensure an agreement of the marking criteria.

Each module will be judged by 3 or more Experts using the same marking criteria for each Competitor to validate the correct treatment routine and procedure have been performed by the Competitor.

The 3 or more Experts judging will then mark the Competitor on the performance and presentation of the completed module.

All modules and marking criteria developed will be supervised by the Deputy Chief Expert.

3.6 Test Project selection

The Test Project is selected as follows:

Vote of Experts at the previous Competition.

3.7 Test Project circulation

The Test Project is circulated via WorldSkills International website as follows:

6 months before the Competition.

3.8 Test Project coordination (preparation for Competition)

Coordination of the Test Project will be undertaken by:

The Deputy Chief Expert.

3.9 Test Project change at the Competition

All Experts will be responsible for bringing proposals for the 30% change to be made prior to the start of the Competition. The Experts then discuss and decide on the 30% change to be implemented.

3.10 Material or manufacturer specifications

A Competitor material list will be attached to the pre-competition information and available to the Competitor 6 months prior to the Competition.

The material list will be of materials, implements and products to be supplied by the Competitor for the Competition as a tool box to assist the successful performance of treatments during the Competition.

If Competitors bring materials, implements and product that are not on the list they will not be able to use them unless unanimously voted by all the Competitors and Experts at the Competition, this will result in an impartial and equitable Competition.

The Competitor can only bring the tools specified in the pre-competition information

- A full list of all materials and equipment must be available in the pre-competition information and be made available for purchase by each country 6 months prior to the Competition.
- All materials will be available during the preparation hours for the Competitors before the Competition starts for training purposes.
- All materials necessary to complete each task will be provided unless specified in the pre-competition information.

If a Competitor uses material, implements or products not on the list they could potentially be disqualified during the Competition.

4. **SKILL MANAGEMENT AND COMMUNICATION**

4.1 **Discussion Forum**

Prior to the Competition, all discussion, communication, collaboration and decision making regarding the skill must take place on the skill-specific Discussion Forum (<http://www.worldskills.org/forums>). All skill-related decisions and communication are only valid if they take place on the forum. The Chief Expert (or an Expert nominated by the Chief Expert) will be moderator for this forum. Refer to Competition Rules for the timeline of communication and competition development requirements.

4.2 **Competitor information**

All information for registered Competitors is available from the Competitor Centre (<http://www.worldskills.org/competitorcentre>).

This information includes:

- Competition Rules
- Technical Descriptions
- Test Projects
- Other Competition-related information

4.3 **Test Projects**

Circulated Test Projects will be available from [worldskills.org](http://www.worldskills.org) (<http://www.worldskills.org/testprojects>) and the Competitor Centre (<http://www.worldskills.org/competitorcentre>).

4.4 **Day-to-day management**

The day-to-day management is defined in the Skill Management Plan that is created by the Skill Management Team led by the Chief Expert. The Skill Management Team comprises the Jury President, Chief Expert and Deputy Chief Expert. The Skill Management Plan is progressively developed in the six months prior to the Competition and finalised at the Competition by agreement of the Experts. The Skill Management Plan can be viewed in the Expert Centre (<http://www.worldskills.org/expertcentre>).

5. **ASSESSMENT**

This section describes how the Experts will assess the Test Project / modules. It also specifies the assessment specifications and procedures and requirements for marking.

5.1 **Assessment criteria**

This section defines the assessment criteria and the number of marks (subjective and objective) awarded. The total number of marks for all assessment criteria must be 100.

Section	Criterion	Marks		
		Subjective (if applicable)	Objective	Total
A	Nail treatments		20	20
B	Facial treatments		30	30
C	Body treatment		25	25
D	Make-up		15	15
E	Waxing		5	5
F	Lash and brow		5	5
	Total =		100	100

5.2 Subjective marking

Not applicable

5.3 Skill assessment specification

Professional Attitude: The Competitor must demonstrate professionalism to industry specification which will include a clean, neat appropriate uniform, no watch, necklace, rings, bracelet, the only exception being permitted are small stud earring. The Competitor must have clean short fingernails without nail varnish. The hair is to be groomed neatly. Closed-in shoes appropriate to suit the beauty therapy uniform. The Competitor must be conscience of the cleanliness of his/her hands at all time during the treatment.

Client preparation: The Competitor must prepare the client to suit the treatment; this will be executed by positioning the client which is best for the Competitor to work. The draping of towels is neat and orderly, the client is secure with all jewellery removed. In a situation where the client is unable or not willing to remove jewellery the Experts judging must be informed by the Competitor.

Preparation and cleaning of workstation: The Competitor will prepare her/his workstation to suit the treatment using the designated towels and preparation materials. All products etc will be positioned without causing disorder or confusion. The workstation will remain in order for the duration of the treatment by cleaning away used material while working. At the completion of the treatment the Competitor must clean the workstation by disposing of all rubbish and relining the bin with a clean bin liner. The dirty towels must be put in the selected laundry basket, the products and bowls washed and disinfected and place back on the product table, the bed, trolley, and etc must be wiped with disinfectant cleaner. The clean towels and blankets must be placed on the bed. The workstation will be left as it was before the treatment was started.

Treatment execution: The Competitor will perform each treatment as she would in her own country using the standard adopted by the Competitor's own country. Each judging Expert will be responsible for the information of treatment execution for all countries being judged by her/him. The judging Experts will inquire if she/he is unsure of a technique being used by a Competitor to ensure marks are not deducted without cause.

A. Nail Treatment

- A1 – SPA Pedicure - 5%
 - Treatment area prepared for service according to Health and Hygiene requirements
 - Feet soaked and cleaned prior to the commencement of treatment
 - Toe nails clipped and filed
 - Cuticle treatment cream applied
 - Foot soaked for a minimum of 5 minutes
 - Cuticle area cleaned of any excess dead skin and cuticle
 - Foot scrubbed with the supplied pedicure product
 - Sole of the foot cleaned and scrubbed with a pedi-paddle or alternative implement used to erase the callous under the foot, no open blades or razor will be permitted in the competition
 - Foot mask applied to the foot and wrapped in plastic and foot slippers
 - Massage applied to the feet
 - Toe nails painted with the Base coat, 2 x polish and a top coat or buffed to a high shine depending on the test project to finish
 - Clean and tidy workstation
- A2 – Spa manicure - 5%
 - Treatment area prepared for service according to health and hygiene requirements, nails filed, cut to suit client
 - Cuticles treated and cleaned of all excess cuticle and dead skin
 - Hand scrub and mask applied and removed to suit product
 - Hand and lower arm massage
 - Nails painted or buffed to a high shine by the direction of the test project

- A3 – Liquid Gel application over natural nails with a French look - 5%
 - Treatment area prepared for service according to health and hygiene requirements
 - Natural nails prepared according to the product
 - Liquid gel applied to create a French look
 - Gel overlay is cured under the UV light
 - Workstation clean and tidy

B. Facial Treatment

- B1 - Basic Facial Treatment - 10%
 - Prepare the workstation
 - Cleanse the skin
 - Exfoliate the skin
 - Minor blemishes extracted without leaving trauma to the skin
 - Massage movements demonstrates pressure and routine to suit the client
 - Mask suitable for clients needs
 - After treatment applied correctly
 - Workstation clean and tidy in completion of treatment
- B2 - Advanced Facial Treatment using an Electrical Instrument - 20%
 - Prepare the work station
 - Cleanse the skin
 - Exfoliate the skin
 - Minor blemishes extracted without leaving trauma to the skin
 - Electrical treatment applied to the face.
 - Massage movements demonstrates pressure and routine to suit the client
 - Contour Mask prepared, applied and removed correctly
 - After treatment selected and applied correctly
 - Workstation clean and tidy in completion of treatment

C. Body Treatment

- C1 - Body Treatment – Full Body Treatment inclusive of a full body scrub, body wrap and massage - 15%
 - Treatment area prepared for treatment
 - Operator and client prepared for treatment according to OH&S
 - Client positioned on the bed correctly and with discretion
 - Client's feet washed prior to commencement of treatment
 - Body scrub selected to suit the client's needs
 - Body cleansed of all scrub leaving no residue on the skin and work bed
 - Body wrap applied and client wrapped for a time no longer than 20 minutes
 - Body wrap removed leaving no residue on the client or the bed.
 - Range of massage movements selected to suit the client
 - Massage movements smooth and flowing
 - Massage treatment performed to the correct length of time being no less than 1 hour
 - Transition of movements flowing and comfortable
 - Post-massage procedure showing client discretion
 - Glass of water offered to the client when the client is seated post treatment
 - Treatment area clean and tidy

- C2 – Full Body Massage - full body with a foot soak - 10%
 - Treatment area prepared for treatment
 - Operator and client prepared for treatment according to OH&S
 - Client positioned on the bed correctly and with discretion
 - Client's feet washed prior to commencement of treatment
 - Massage therapy selected to suit the client's needs
 - Range of massage movements to suit the client
 - Massage movements smooth and flowing
 - Massage treatment performed to the correct length of time being no less than 1 hr
 - Massage movements flowing and comfortable
 - Post-massage procedure showing client discretion
 - Glass of water offered to the client when the client is seated post treatment
 - Treatment area clean and tidy

D. Make up:

- D1- Fantasy Make Up - 10%
 - Protective covering placed to protect client's hair and clothing
 - Client's skin prepared correctly for make up
 - Facial area requiring corrective camouflage to determine correct outcomes
 - Make up tools used correctly in application to suit OH&S compliance
 - Fantasy make up applied to suit the selected design.
 - Progression of fantasy make up from the body to the face without complication
 - Fantasy eyebrows cover to leave no trace of the brow
 - Fantasy makeup to suit selected design
 - Overall make up completed correctly to suit selected design
 - Workstation clean and tidy at the completion of the treatment
- D2- Bridal Makeup - 5%
 - Protective covering placed to protect the clients hair and clothing
 - Client skin prepared correctly for the makeup
 - Corrective camouflage to determine correct outcomes
 - Makeup tools used correctly in application to suit OH&S compliance
 - Makeup application to suit the desired outcome of the makeup Theme
 - Overall makeup suits the bridal Theme
 - Workstation clean and tidy

E. Temporary Hair Removal (to be performed during the Facial Treatment)

- Wax treatment on Lip and Eyebrow - 5%
 - Treatment area, operator and client prepared for treatment
 - Wax prepared, tested, applied and removed according to client's requirements.
 - Wax performed by the Competitor according to the OHS.
 - All hair removed in the required area with minimum trauma to the skin
 - Portion control used to minimise waste
 - Skin support maintained throughout the service
 - Temperature of wax checked according to manufacturer's instruction
 - Gloves used when blood is present
 - Soothing products applied as an after wax treatment
 - Work station clean and tidy at the completion of the treatment

F. Lash and Brow Tint- 5%

- Treatment area, operator and client prepared for treatment
- Tint prepared, applied and removed according to client's requirement
- Moisturiser/eye cream products applied after treatment
- Work station clean and tidy at the completion of the treatment.

The assessment criteria may possibly be changed, added to or removed according to the Test Project development team to suit the supply of products, equipment, implements and model requirements according to availability of the Competition Organiser and to improve the outcome of the Test Projects.

5.4 Skill assessment procedures

A. Nails:

- Spa manicure and spa pedicure treatment 10%
- Liquid Gel application on the natural nails to create a French polish 5%
- Creative nail art design on plastic tips to suit the fantasy makeup 5%

B. Facial:

- Basic facial treatment
- The Competitor will perform a full facial cleanse, massage, mask. 10%
- Advanced Facial treatment using an electrical instrument. The Competitor will perform a full facial cleanse, massage, specific treatment and mask. 20%

C. Body treatment

- Body Treatment- Full body treatment inclusive of scrub, wrap and massage 15%
- Full body massage 10%

D. Makeup

10 %

- Fantasy body makeup of selected design, Competitor will paint the design on the left arm, décolleté and face. The design will be delivered to each Competitor no later than 6 months prior to the Competition.

E. Waxing

5%

- Wax performed in the required area.
- Wax treatment executed without contamination or double dipping into the waxing pot

F. Lash and Brow

5%

- Shape the eyebrow according the client's request
- Eye lash and eye brow tinting to suit the client's needs.

The module assessment is set by the marking criteria set against each module. The design team made up of 3 Experts, each Test Project will have a different team of Experts and will select the marking criteria against a global industry criterion.

On arrival to the Competition the developed modules and marking criteria will be scrutinised by all Experts to guarantee an agreement ballot of the marking criteria for the purpose of assessment.

Each module will be judged by 3 or more Experts using the same assessment criteria for each Competitor to validate the correct treatment routine and procedure have been performed by the Competitor.

The 3 or more Experts judging will then mark the Competitor upon the performance and presentation of the completed module.

The Experts are selected randomly to judge the skill assessment, even though those Experts have been selected to judge and mark the assessment of the skill, the ESR Fairness and Transparency will nominate other Experts on the floor during the module to validate the marking of the module have been fair. On completion of each module all the Experts including the Chief Expert and the Deputy Chief Expert confirm the marking is accurate by reading-through the assessment to agree with the final results of the marking. If there is a discrepancy from an Expert then a discussion is held with all Experts present until the discrepancy is resolved. If necessary the Jury President is involved in this process.

The Chief Expert and Deputy Chief Expert do not judge the modules.

Time keepers will be drawn from the Experts available who are not judging for each module. For blind marking all judges will remain in the Experts room during the module and only the Chief Expert and Deputy Chief Expert will be allowed on the Competition floor.

6. **SKILL-SPECIFIC SAFETY REQUIREMENTS**

Refer to Host Country Health & Safety documentation for Host Country regulations.

- Competitors must wear gloves when waxing areas prone to blood spotting that is underarm, lip and on any other area where blood may be present.
- All soiled disposables will be disposed of in a lined bin and discarded at the Competition on every module.
- All sharp implements will be disposed of in a suitable sharps container and discarded by the Workshop Supervisor at the end of each Competition day.
- All electrical equipment will be tested and tagged by the Competition Organiser's electrical team and checked by the Workshop Supervisor prior to the Competitor familiarisation day.
- All Test Project clients to be pre-tested for allergies and adverse reactions to products and treatments by the Workshop Supervisor prior to the commencement of each day of Competition.
- All products to be checked by the Workshop Supervisor for contamination and expiry dates to ensure all products are of a sanitised condition.
- Expert and Competitors must observe the Host Country health and safety rules prior to the Competition.

7. **MATERIALS & EQUIPMENT**

7.1 **Infrastructure List**

The Infrastructure List details all equipment, materials and facilities provided by the Host Country.

The Infrastructure List is online (<http://www.worldskills.org/infrastructure/>).

The Infrastructure List specifies the items & quantities requested by the Experts for the next Competition. The Competition Organiser will progressively update the Infrastructure List specifying the actual quantity, type, brand/model of the items. Items supplied by the Competition Organiser are shown in a separate column.

At each Competition, the Experts must review and update the Infrastructure List in preparation for the next Competition. Experts must advise the Technical Director of any increases in space and/or equipment.

At each Competition, the Technical Observer must audit the Infrastructure List that was used at that Competition.

The Infrastructure List does not include items that Competitors and/or Experts are required to bring and items that Competitors are not allowed to bring – they are specified below.

7.2 **Materials, equipment and tools supplied by Competitors in their toolbox**

The Competitor can only bring the tools specified in the pre-competition information

- A full list of all materials and equipment must be available in the pre-competition information and be made available for purchase by each country/region 9 months prior to the Competition.

- All materials will be available during the preparation hours for the Competitors before the Competition starts for training purposes.
- Competitors will be advised on implements and equipment allowed to bring to the Competition, all competing countries/regions will advise on special implements used be included into their tool list providing it is approved by the Competition Organiser.
- All materials necessary to complete each task will be provided unless specified in the pre Competition information

7.3 Materials, equipment and tools supplied by Experts

Not applicable

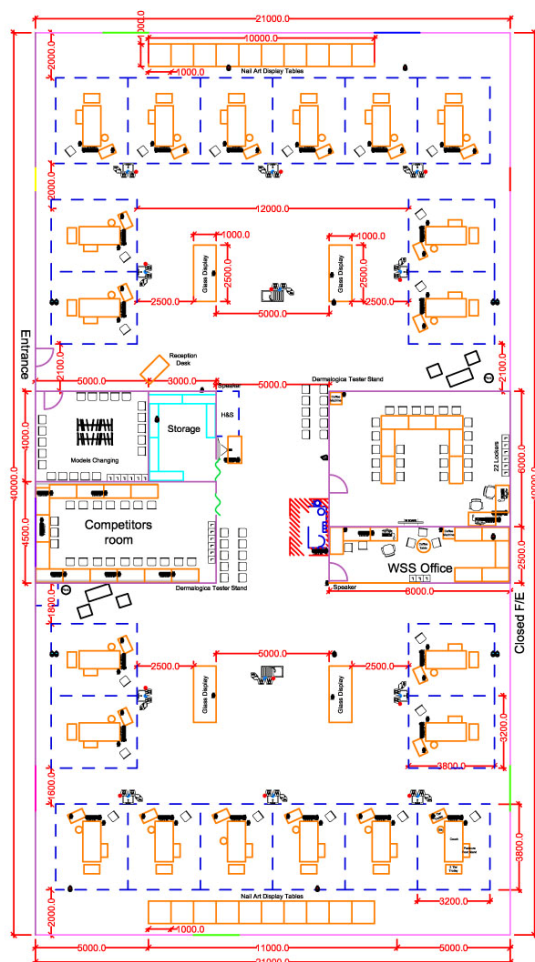
7.4 Materials & equipment prohibited in the skill area

Competitors must use only the materials provided unless specified in the pre-competition information.

7.5 Proposed workshop and workstation layouts

Workshop layouts from London are available at:
http://www.worldskills.org/index.php?option=com_halls&Itemid=540

Workshop layout:



8. MARKETING THE SKILL TO VISITORS AND MEDIA

8.1 Maximising visitor and media engagement

Following is a list of possible ways to maximise visitor and media engagement:

- Try a trade
- Display screens
- Test Project descriptions
- Enhanced understanding of Competitor activity
- Competitor profiles
- Career opportunities
- Daily reporting of Competition status
- Spectator and non-judging beauty personal interaction

8.2 Sustainability

- Recycling
- Use of 'green' materials
- Use of completed Test Projects after Competition